

BANES WLN

Bath and North East Somerset
Women's Leadership Network

Summer Dinner

July 8th 2025



A diverse, inclusive and cross-sector networking space for women leaders in BANES.

Come and join us for the Bath and North East Somerset Women's Leadership Network.

We are a diverse, inclusive and cross-sector networking space for women leaders in BANES. We want to create a safe, supportive and dynamic space for women leaders to network, to learn from and to support one another.

We welcome you to join us if:

- * you identify as a woman
- * you are an existing or an aspiring leader
- * you are based in BANES (or you are from out of region and are prepared to travel to Bath for events)
- * you can just be starting your career or you can be a veteran with wisdom to share
- * you are a #HeForShe ally

We are keen to connect with other women leadership networks in the region as we work collaboratively, not competitively, to create a community space that serves us all. We would love the network to be as diverse and as inclusive as possible so we will endeavour to ensure that our events are accessible to all - let us know if you have any specific needs for us to consider in our planning.

Summer Dinner

Our summer dinner will be held on

July 8th 2025 at 7.30pm

at Browns Bath, Orange Grove, Bath BA1 1LP

Speaker



Claire Fitzsimmons

Co-founder and Co-director of [If Lost Start Here](https://www.floststarthere.com). ICF Associate Certified Coach, Certified Emotions Coach Practitioner and Writer on well-being subjects

[floststarthere.com](https://www.floststarthere.com)

Theme

Redefining Strength: Embracing Emotions as Our Greatest Ally

Women are often taught to minimize emotions, yet they can be powerful allies. This talk reframes emotions as strengths, challenging the fear of appearing "too emotional." Learn to view emotions as empowering guides, with practical tools to use them more confidently in everyday life.

Your ticket price covers a 2-course meal (pre-order to follow), service charge for the food and a contribution towards the meal of the speaker. Drinks will be bought separately.

Tickets £40 per person

You can join our growing network group on LinkedIn [here](#).

Find out more:
hannah-wilson.co.uk

Contact:
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